

# Hoidonjatkuvuus ja lääkärin työhyvinvointi

Emmi Lautamatti, @tuni.fi, @pshp.fi

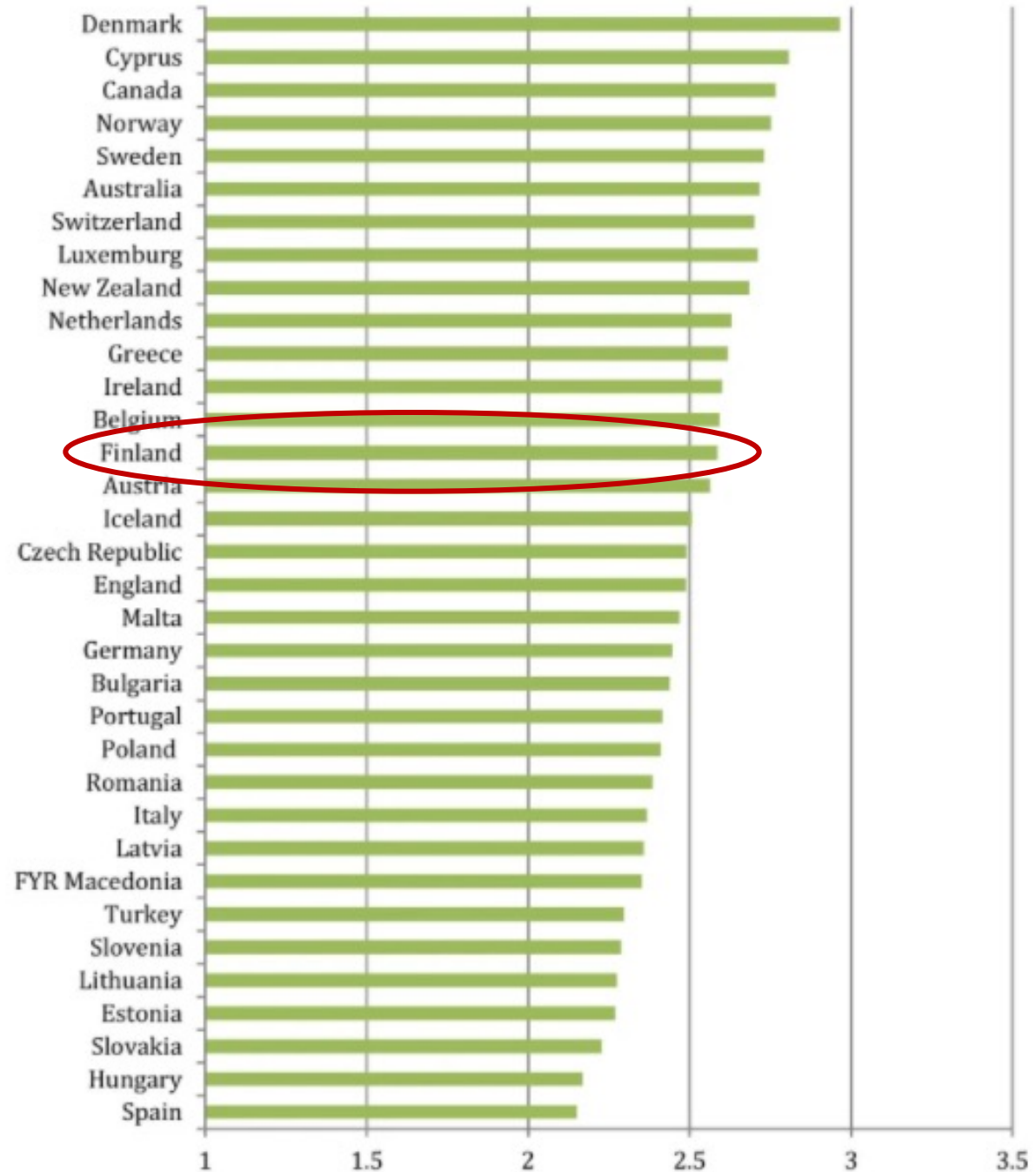
Yleislääketieteen erikoislääkäri

Apulaisyli lääkäri, PSHP Perusterveydenhuollon yksikkö

Kliininen opettaja, Tampereen yliopisto

Sidonnaisuudet: Suomen Yleislääkärit ry (apurahat), SYLY (apuraha), Suomen Yleislääketieteen Säätiö (apuraha), Suomen Lääkäriliitto (apuraha), Duodecim (luentopalkkio, palkka)






Mean level of job satisfaction per country (on a scale of 1–4)

Stobbe, E.J., Groenewegen, P.P., Schäfer, W. Job satisfaction of general practitioners: a cross-sectional survey in 34 countries. *Hum Resour Health* 2021;19:57. <https://doi.org/10.1186/s12960-021-00604-0>





Mahdollisuus  
vaikuttaa  
omaan  
työhön





Palkitsevuus,  
arvostus,  
eteneminen

---

Le Floch, B., Bastiaens, H., Le Reste, J.Y. et al. Which positive factors give general practitioners job satisfaction and make general practice a rewarding career? A European multicentric qualitative research by the European general practice research network. BMC Fam Pract. 2019;20:96. <https://doi.org/10.1186/s12875-019-0985-9>. Kuva 04052022 Tekijä tuntematon. publicdomainpictures.net



# Kokemus ja taidot

---



Pääatalo K, Kauppi S. Työhyvinvointi lääkärin työssä - systemaattinen kirjallisuuskatsaus työkykyjohtamisen tueksi terveydenhuollon organisaatioihin. Sosiaalilääketieteellinen aikakauslehti. 2016; 53:30-43. Kuva 04052022 Tekijä tuntematon, oikeudet CCBY [https://c.pxhere.com/photos/8c/ed/jump\\_cycling\\_extreme\\_cyclist\\_drop\\_check\\_in\\_bike\\_sports-500836.jpg!s](https://c.pxhere.com/photos/8c/ed/jump_cycling_extreme_cyclist_drop_check_in_bike_sports-500836.jpg!s)





# Työskentelyolosuhteet

---




A silhouette of a male runner in profile, running from left to right. The background is a dramatic sunset or sunrise sky with warm orange and yellow tones, and several birds are flying in the distance. A small pink rectangular bar is visible in the top left corner.

# Henkilökohtaiset ominaisuudet

---

Wallace JE, Lemaire JB, Ghali WA. Physician wellness: a missing quality indicator. Lancet 2009 14;374(9702):1714-21. doi: 10.1016/S0140-6736(09)61424-0. PMID: 19914516. Kuva 06052022 Tekijä tuntematon, oikeudet CC BY. <http://clamorworld.com/wp-content/uploads/2017/04/Starting-Fast-Is-Important-but-Finishing-Strong-Is-Vital-to-Your-Success-600x368.jpg>





# Suhteet työkavereihin ja potilaisiin





Yleislääkärin  
työtyytyväisyys

Hoidon  
jatkuvuus





Hoidon  
jatkuvuus

Annos-  
riippuvuus





Uupumus

Potilaisiin  
liittyvä  
stressi





# Diagnoosi

---

Goetz, K., Mahnkopf, J., Kornitzky, A. et al. Difficult medical encounters and job satisfaction - results of a cross sectional study with general practitioners in Germany. BMC Fam Pract 2018;19:57. <https://doi.org/10.1186/s12875-018-0747-0>. Kuva 08052022. Tekijä tuntematon. [https://c.pxhere.com/photos/38/8b/fence\\_stainless\\_metal\\_old\\_rusty\\_rusted\\_garden\\_fence\\_iron-1056821.jpg!s](https://c.pxhere.com/photos/38/8b/fence_stainless_metal_old_rusty_rusted_garden_fence_iron-1056821.jpg!s)





# Kokonaisvaltaisuus

---

Le Floch, B., Bastiaens, H., Le Reste, J.Y. et al. Which positive factors give general practitioners job satisfaction and make general practice a rewarding career? A European multicentric qualitative research by the European general practice research network. *BMC Fam Pract.* 2019;20:96. <https://doi.org/10.1186/s12875-019-0985-9>. Kuva 08052022. Tekijä tuntematon. <https://p2.piqsels.com/preview/818/864/894/mountain-cloud-tree-lake.jpg>





# Työyhteisö

---

Le Floch, B., Bastiaens, H., Le Reste, J.Y. et al. Which positive factors give general practitioners job satisfaction and make general practice a rewarding career? A European multicentric qualitative research by the European general practice research network. *BMC Fam Pract.* 2019;20:96. <https://doi.org/10.1186/s12875-019-0985-9>. Kuva 08052022 Tekijä P. Tuominen 2021, oikeudet Nurkkausphotos. [https://1.bp.blogspot.com/hbJyq6Rwp6A/YMuj7ogkfl/AAAAAABku8/K21DSD8T8jI992Rk3Tr7ylkj2gsepaZ\\_gCPcBGAsYHg/w640-h480/S0044322\\_edited.jpeg](https://1.bp.blogspot.com/hbJyq6Rwp6A/YMuj7ogkfl/AAAAAABku8/K21DSD8T8jI992Rk3Tr7ylkj2gsepaZ_gCPcBGAsYHg/w640-h480/S0044322_edited.jpeg)





Hoidon jatkuvuus on ketjuöljy.



A photograph of a winter landscape. The foreground is a snow-covered field. In the middle ground, there is a dense line of trees, including evergreens and deciduous trees without leaves, all heavily laden with snow. The background shows a sunset sky with a gradient from light blue to orange. The text "Hoidon jatkuvuus on nastarenkaat." is overlaid in white on the lower part of the image.

Hoidon jatkuvuus on nastarenkaat.






Hoidon jatkuvuus on huoltotiimi.

Le Floch, B., Bastiaens, H., Le Reste, J.Y. et al. Which positive factors give general practitioners job satisfaction and make general practice a rewarding career? A European multicentric qualitative research by the European general practice research network. BMC Fam Pract. 2019;20:96. <https://doi.org/10.1186/s12875-019-0985-9>. Kuva 08052022 Kuva 09052022. Tekijä tuntematon. photo-of-empty-road-in-between-grass-field-during-golden-2801312.jpg



A photograph of a road winding through a dense forest. The scene is captured during the "golden hour" of sunset or sunrise, with warm, golden light filtering through the trees, creating a hazy and atmospheric effect. The road is a two-lane asphalt road with a dashed yellow center line and white edge lines. The trees on either side are tall and dense, with some showing autumnal colors. The overall mood is serene and contemplative.

Hoidon jatkuvuus on keino oppia.



A photograph of a wooden duckboard path leading through a wetland. The path is made of several parallel wooden planks supported by vertical posts. The surrounding area is filled with tall, golden-brown reeds. The sky is blue with scattered white clouds. The text "Hoidon jatkuvuus on tärkeää," is overlaid in white on the lower part of the image.

Hoidon jatkuvuus on tärkeää,





jotta me voimme työssämme hyvin.